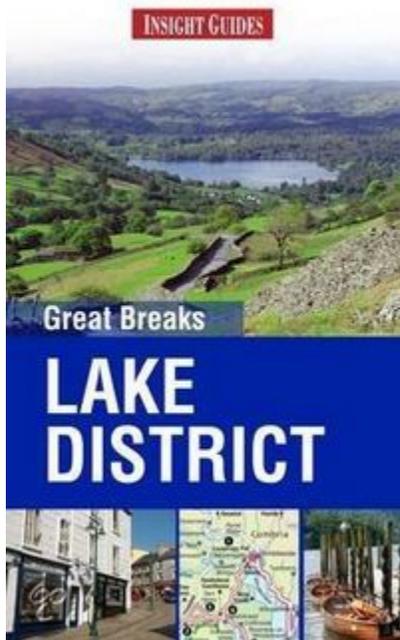


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Great Breaks Lake District is a concise, full-colour travel guide to this most romantic national park, with a selection of clearly laid-out walks and tours complemented by beautiful photography and a wealth of practical information, all in a compact package.

Overview: the book starts by highlighting the Top Ten Things to Do, from taking a boat on gleaming lakes and tarns to exploring picturesque abbeys and stone circles. This is followed by an engaging introduction on culture and landscape, lifestyle and traditions, and an overview of where to find the best food and drink.

Walks and Tours: this guide features 8 irresistible self-guided walks and tours that will take you on a journey through this poetic landscape of high green fells, clear waters and quaint villages that inspired the likes of William Wordsworth and Beatrix Potter. All are clearly timed and accompanied by easy-to-follow maps plus hand-picked places to eat, drink and shop en route. Special Features home in on what makes the Lake District unique: its prestigious literary heritage, local festivals and fascinating wildlife.

Travel Tips: the final section of the book is packed with information on active pursuits, themed holidays and transport, as well as specially selected accommodation to suit all tastes and budgets, from chic boutique hotels to family-friendly B&Bs.

