



A New York Times Bestseller New York Times bestselling author of The \$100 Startup helps you find purpose in work and life by committing to a lifechanging quest. The Happiness of Pursuit helps you find real life fulfilment by undertaking a quest that is big and ambitious, surpassing the limits of routine-filled lives. Chris has undertaken a successful quest of his own, having visited nearly every country in the world by age 35, but your own quest needn't involve travel at all. What's needed is commitment and progressive accomplishment, losing oneself in a task - whether it be a physical journey, an artistic enterprise or a philanthropic feat. Chris has surveyed thousands who've undertaken such quests and identified: * How they went about it * The common mistakes * What happened when they hit the wall * How their lives changed when the

quest was over The Happiness of Pursuit offers inspirational and practical advice to help you bridge the gap between 'impossible dream' and 'everyday reality'. Discover how your own quest can give you the self knowledge to find and live a more fulfilling life.