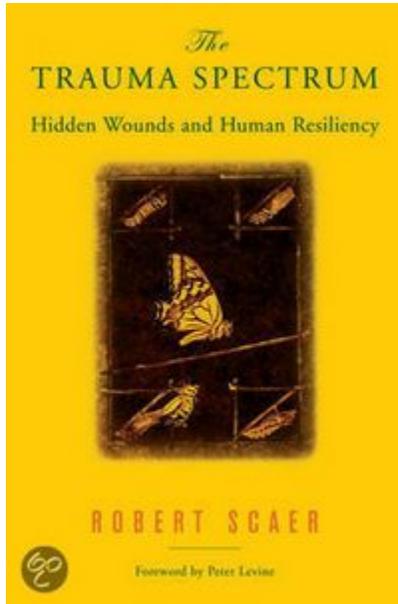


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Our experiences of trauma sow the seeds of many medical problems and because of an inadequate understanding of the relationship of mind and body in processing trauma, many suffer needlessly from exposure to it. Here a neurologist offers hope to those who wish to transform trauma and better understand their lives.

